

## Application Form

### Certificate Course in Obesity and Weight Management 2025

Please complete in BLOCK letters

Title\* : Prof  Dr  Mr  Ms  Gender\* : M  F

Name : \_\_\_\_\_ (English) \_\_\_\_\_ (Chinese)  
Surname Given names

Occupation\* : Family doctor  Physician  Dietitian  Nurse  Pharmacist   
Physiotherapist  Health Care Professional  Medical Researcher  Scientific Personnel

Others : \_\_\_\_\_

Position : \_\_\_\_\_ Department : \_\_\_\_\_ Institution/Organization : \_\_\_\_\_

Correspondence Address : \_\_\_\_\_

Email : \_\_\_\_\_ Contact no. : \_\_\_\_\_ \* Please check the box(es)

	Early-bird Fee	Standard Fee
<b>Whole Course</b>	HK\$4,760 <input type="checkbox"/>	HK\$4,830 <input type="checkbox"/>

For enrollment, please email the completed application form to [cowm@cuhk.edu.hk](mailto:cowm@cuhk.edu.hk)  
The original copy should be mailed along with a crossed cheque payable to "The Chinese University of Hong Kong" to the following address:  
Programme Office, HKIDO  
The Chinese University of Hong Kong  
3M, 3/F, Day Treatment Block  
Prince of Wales Hospital, Shatin, New Territories

#### Notes to Applicants

- To enjoy the early-bird fee, application for the whole course should be submitted to the Programme Office by mail or email before the deadline.
- Application at standard fee will be accepted one week prior to the commencement of the course.
- Payment should be paid by cheque (payable to "The Chinese University of Hong Kong").
- Acceptance of application is subject to availability.
- No refund will be made once being accepted.
- Applicants are expected to attend the symposium/workshop at the place and time specified in the student timetable.
- The Chinese University of Hong Kong as a data user undertakes to comply with the requirements of the Personal Data (Privacy) Ordinance to ensure that personal data kept are accurate, securely kept and used only for the purpose for which they have been collected.

Signature : \_\_\_\_\_ Date : \_\_\_\_\_

FOR OFFICE USE ONLY

Application no. : \_\_\_\_\_ Checked by : \_\_\_\_\_ Date : \_\_\_\_\_

# Certificate Course in Obesity and Weight Management 2025



Early-bird Application Deadline:  
**7 December 2024**



#### Application and Enquiries

Enquiry Hotline: (852) 3505 3130  
Email: [cowm@cuhk.edu.hk](mailto:cowm@cuhk.edu.hk)  
[www.hkido.cuhk.edu.hk/cowm](http://www.hkido.cuhk.edu.hk/cowm)



## What can I learn from this course

### Symposia

Overview of epidemiology, pathophysiology, medical hazards and management of obesity emphasizing the application of knowledge relevant to multidisciplinary clinical practice

#### 4 JAN 2025 (SAT) Obesity - from epidemiology to pathophysiology

- Origin of obesity - from brain to gut to ectopic sites
- Obesity as a chronic disease - Greater China perspectives
- The role of gut microbiome in obesity

#### 11 JAN 2025 (SAT) Management of obesity - from theory to practice

- Weight management - past, present and future
- Popular diets for weight management - are these sound diets?
- Role of exercise and behavior modification

### Interactive Workshops

Case studies, interactive discussions and multidisciplinary approach are used to demonstrate the principles of diagnostic evaluation and management of obesity and its co-morbidities

#### 18 JAN 2025 (SAT) Managing obesity related co-morbidities

- Clinical assessment of obesity
- Gynecological complications of obesity
- Cardiovascular complications of obesity
- Psychobehavioral treatment of binge eating disorder in obese subjects

#### 25 JAN 2025 (SAT) Managing obesity - a multidisciplinary approach

- Role of metabolic surgery in obesity management
- Exercise and lifestyle modifications
- Peri-operative management of patients undergoing metabolic surgery
- Practical dietary strategies for weight management

#### 15 FEB 2025 (SAT) MCQ examination

- MCQ examination

### Course Director

**Prof Alice Kong**

Professor, Department of Medicine and Therapeutics, CUHK

### Course Co-Directors

**Prof Juliana Chan**

Director of Hong Kong Institute of Diabetes and Obesity and Chair Professor of Medicine and Therapeutics, CUHK

**Prof Andrea Luk**

Professor, Department of Medicine and Therapeutics, CUHK

### Teaching Faculty

- Prof Juliana Chan
- Prof Stanley Hui
- Prof Alice Kong
- Prof Andrea Luk
- Dr Joyce Mak
- Dr Mandy Sea
- Dr Guangming Tan
- Dr Eric Tse
- Dr Simon Wong

## How about the fee

	Early-bird Fee	Standard Fee
<b>Whole Course</b>	HK\$4,760	HK\$4,830

### Venue

Seminar Room 1, 2/F  
Lui Che Woo Clinical Sciences Building  
Prince of Wales Hospital  
Shatin, New Territories

## Can I get CME points?

### CME Accreditation from Professional Organizations

Approved CME points of professional organizations will be updated on our programme website

### Exemptions

- Those who have completed the whole course are required to sit for a Multiple Choices Quiz scheduled for 15 February 2025 (Saturday)
- A Completion Certificate will be awarded to students who have passed the Multiple Choices Quiz
- Holders of the Completion Certificate of this course would be entitled to apply for exemption of Course MEDM5301 for the MSc in Endocrinology, Diabetes and Metabolism, within 3 years from the course completion date